

Understanding Policy Change

Introduction to Policy Process Theories

David P. Adams, Ph.D.

Summer 2025

California State University, Fullerton

What Is Policy Change?

Policy change refers to significant shifts in government action, law, or regulation over time.

- Why do some policies stay the same for decades, while others change rapidly?
- What triggers major reforms or reversals?
- How do ideas, interests, and institutions interact to shape outcomes?

Today's Goal

Introduce the main theories that help us answer these questions.

Why Study Policy Process Theories?

Theories help us:

- **Understand Change:** Make sense of how and why policies evolve over time
- **Identify Key Factors:** Recognize the crucial elements that drive policy development
- **Predict Change:** Anticipate when conditions are ripe for policy shifts
- **Analyze History:** Examine past policy successes and failures through theoretical lenses

Three Major Theoretical Frameworks

Multiple Streams Framework

Policy windows open when problem, policy, and politics streams converge

Advocacy Coalition Framework

Policy change through competing coalitions with shared belief systems

Punctuated Equilibrium Theory

Long periods of stability interrupted by sudden, dramatic shifts

Kingdon's Multiple Streams Framework

Policy windows open when three independent streams converge:

1. Problem Stream

Issues gaining attention

Example: Opioid crisis or rising homelessness

2. Policy Stream

Available solutions

Example: Harm reduction or housing-first policies

3. Politics Stream

Political conditions

Example: Bipartisan support or public demand

Multiple Streams: Key Concepts

- **Policy Entrepreneurs:** Individuals who promote solutions and connect streams
- **Policy Windows:** Brief opportunities for policy change
- **Coupling:** The process of linking problems to solutions in the right political moment

Real-World Example

The Clean Air Act amendments of 1990, where environmental concerns, available policy solutions, and bipartisan political support converged at the right moment.

Advocacy Coalition Framework

Policy change occurs through competing coalitions organized around shared beliefs.

1. Shared Beliefs

Groups form around common values and policy goals

2. Competition

Coalitions compete to influence policy decisions

3. Adaptation

Coalitions learn and adjust strategies over time

Advocacy Coalition: Key Concepts

- **Belief Systems:** Core values that unite coalition members
- **Policy Subsystems:** Specific policy areas where coalitions compete
- **Policy Learning:** How coalitions adapt their strategies based on experience

Real-World Example

The long-term debate between environmental advocates and the fossil fuel industry over climate policy, with each coalition learning and adapting strategies over decades.

Punctuated Equilibrium Theory

Policy changes through long periods of stability interrupted by sudden, dramatic shifts.

1. Stability

Long periods of incremental change or no change

2. Punctuation

Sudden, dramatic policy shifts

3. New Equilibrium

Return to stability at a new policy position

Punctuated Equilibrium: Key Concepts

- **Policy Images:** How issues are understood and framed
- **Venue Shopping:** Moving issues to favorable decision-making venues
- **Attention Shifts:** Rapid changes in focus after long periods of inattention

Real-World Example

Major civil rights legislation in the 1960s, which marked a sudden shift after years of incremental or no change, establishing a new policy equilibrium.

Comparing the Theories

Multiple Streams Framework

- Focus: Timing and opportunity
- Change Mechanism: Convergence of streams
- Key Insight: Windows of opportunity are rare and brief

Advocacy Coalition Framework

- Focus: Group dynamics
- Change Mechanism: Coalition competition
- Key Insight: Beliefs drive policy positions

Punctuated Equilibrium Theory

- Focus: Patterns over time
- Change Mechanism: Rapid shifts after stability
- Key Insight: Change is often episodic rather than gradual

Applying Theory: Healthcare Reform

Multiple Streams

- Problem: Rising costs
- Policy: Different reform models
- Politics: Party control of government

Advocacy Coalition

- Progressive reform coalition
- Market-based reform coalition
- Status quo coalition

Punctuated Equilibrium

- Long periods of debate
- Sudden passage of legislation
- New implementation equilibrium

Key Takeaways:

- Policy process theories help us understand and predict policy changes
- **Kingdon's Multiple Streams Framework** highlights the convergence of problem, policy, and politics streams
- The **Advocacy Coalition Framework** focuses on belief systems and coalition dynamics
- **Punctuated Equilibrium Theory** explains long periods of stability interrupted by sudden changes

Different theories highlight different aspects of the same policy story.